

Western Regional High Performance - Camp Dallas, TX

July 20-24, 2021

Tuesday, July 20, 2021 - Day 1

5:00 PM	6:00 PM	Check-in	Black, Gold, Grey, Teal, White
6:00 PM	6:30 PM	Orientation and Team Introductions	Black, Gold, Grey, Teal, White
6:00 PM	7:00 PM	Check-in	Kelly, Orange, Sky, Red, Royal
7:00 PM	7:30 PM	Orientation and Team Introductions	Kelly, Orange, Sky, Red, Royal

ICE SESSIONS		SEMINARS
Hitchcock Rink	Green Rink	Ice Mezzanine
Wednesday, July 21, 2021 - Day 2		
Practices 8:00 AM 9:00 AM Black, Gold 9:15 AM 10:15 AM Grey, Orange 10:30 AM 11:30 AM Kelly, Royal Games 4:00 PM 5:15 PM Black vs. Gold 5:30 PM 6:45 PM Grey vs. Orange 7:00 PM 8:15 PM Kelly vs. Royal	8:15 AM 9:15 AM Teal, White 9:30 AM 10:30 AM Red, Sky 4:15 PM 5:30 PM Teal vs. White 5:45 PM 7:00 PM Red vs. Sky	12:00 PM 1:00 PM Paving the Hockey Road Black, Gold, Kelly, Royal, White 1:15 PM 2:15 PM Paving the Hockey Road Grey, Orange, Red, Sky, Teal
Thursday, July 22, 2021 - Day 3		
Practices 8:00 AM 9:00 AM Grey, Red 9:15 AM 10:15 AM Sky, White 10:30 AM 11:30 AM Gold, Teal 11:45 AM 12:45 PM Goalies from All Teams Games 4:00 PM 5:15 PM Grey vs. Red 5:30 PM 6:45 PM Sky vs. White 7:00 PM 8:15 PM Gold vs. Teal	8:15 AM 9:15 AM Royal Orange 9:30 AM 10:30 AM Black, Kelly 4:15 PM 5:30 PM Royal Orange 5:45 PM 7:00 PM Black, Kelly	12:00 PM 1:00 PM Strength, Conditioning & Nutrition Black, Gold, Kelly, Sky, Tel, White 1:15 PM 2:15 PM Strength, Conditioning & Nutrition Grey, Orange, Red, Royal, All Goalies

Friday, July 23, 2021 - Day 4		
Practices 8:00 AM 8:45 AM Kelly, Sky 9:00 AM 9:45 AM Red, Royal 10:00 AM 10:45 AM Orange, Teal Games 2:00 PM 3:15 PM Kelly vs. Sky 3:30 PM 4:45 PM Red vs. Royal 5:00 PM 6:15 PM Oragne vs. Teal	8:15 AM 9:00 AM Black, White 9:15 AM 10:00 AM Gold, Grey 2:15 PM 3:30 PM Black vs. White 3:45 PM 5:00 PM Gold vs. Grey	 5:30 PM 6:30 PM Camp Closing Meeting Black, Gold, Grey, Red Royal 6:30 PM 7:30 PM Camp Closing Meeting Kelly, Orange, Sky, Teal, White
Saturday, July 24, 2021 - Day 5		
Games 8:00 AM 9:15 AM Gold vs Red 9:30 AM 10:45 AM Grey vs. White 11:00 AM 12:45 AM Black vs. Sky	8:15 AM 9:30 AM Kelly vs. Orange 9:45 AM 11:00 AM Royal vs. Teal	