

# Select 14 Camp Colorado College - June 13 - 18, 2022

| Monday, June 13       |                                    |                        |          | Teams Legend  |               |                  |                               |
|-----------------------|------------------------------------|------------------------|----------|---|---------------|------------------|-------------------------------|
| 9:00-11:00            | Staff Meeting - Planning           |                        |          | 1-Black   | 6-Royal Blue  |                  |                               |
| 12:00-3:30            | Airport Pick-up                    |                        |          | 2-Gold  | 7-Kelly Green |                  |                               |
| 3:00-5:00             | Check-In                           | Loomis Hall            |          | 3-Sky Blue  | 8-White       |                  |                               |
| 5:45-6:15             | Dinner Teams 1, 2, 3, 4, 5         | Student Center         |          | 4-Grey  | 9-Orange      |                  |                               |
| 6:15-6:45             | Dinner Teams 6, 7, 8, 9, 10        | Student Center         |          | 5-Red   | 10-Teal       |                  |                               |
| 7:00 PM-8:00 PM       | Camp Meeting All Players and Staff | Armstrong              |          |   |               |                  |                               |
| 8:00 PM-10:00PM       | Referees on ice                    |                        |          |   |               |                  |                               |
| ICE SESSIONS - ROBSON |                                    | MEALS - STUDENT CENTER |          | SEMINARS - BEMIS  |               | FOOTBALL FIELD   |                               |
| Tuesday, June 14      |                                    |                        |          |   |               |                  |                               |
|                       | <b>Practice</b>                    |                        |          |   |               |                  |                               |
| 6:30-7:30             | 1&2                                | Breakfast              | 7:00 AM  |   |               |                  |                               |
| 7:45-8:45             | 3&4                                |                        | 9:00 AM  |   |               |                  |                               |
| 9:00-10:00            | 5&6                                |                        |          |   |               |                  |                               |
| 10:15-11:15           | 7&8                                |                        |          |   |               |                  |                               |
| 11:30-12:30           | 9&10                               | Lunch                  | 11:30 AM |   |               |                  |                               |
| 12:45-1:45            | Referees                           |                        | 1:30 PM  |   |               |                  |                               |
|                       | <b>Games</b>                       |                        |          |   |               |                  |                               |
| 2:00-3:15             | 1&2                                | Dinner                 | 5:00 PM  | <b>The Better Half</b><br><b>The Mental Game</b><br>3:00-4:00 PM<br>Teams: 5, 6, 7, 8, 9, 10<br>6:00-7:00 PM<br>Teams: 1, 2, 3, 4                   |               |                  |                               |
| 3:30-4:45             | 3&4                                |                        | 7:30 PM  |   |               |                  |                               |
| 5:00-6:15             | 5&6                                |                        |          |   |               |                  |                               |
| 6:30-7:45             | 7&8                                |                        |          |   |               |                  |                               |
| 8:00-9:15             | 9&10                               |                        |          |   |               |                  |                               |
| Wednesday, June 15    |                                    |                        |          |   |               |                  |                               |
|                       | <b>Practice</b>                    |                        |          |   |               |                  |                               |
| 6:30-7:30             | 5,6,7,8,9 (all D) + 5&7 goalies    | Breakfast              | 7:00 AM  |   |               | Off-Ice Training |                               |
| 7:45-8:45             | 5,6,7,8 (all fwd) + 6&8 goalies    |                        | 9:00 AM  |   |               |                  | 8:30-9:30 AM <b>1 &amp; 2</b> |
| 9:00-10:00            | 3,9,10 (all fwd) + 9&3 goalies     |                        |          |   |               |                  |                               |
| 10:15-11:15           | 1,2,3,4,10 (all D) + 10&2 goalies  | Lunch                  | 11:30 AM | <b>Paving the Hockey Road Part I</b><br>Youth, HS, Prep, Junior<br>9:15-10:15 AM<br>Teams: 5, 6, 7, 8<br>2:45 - 3:45 PM<br>Teams: 1, 2, 3, 4, 9, 10 |               | Off-Ice Training |                               |
| 11:30-12:30           | 1,2,4 (all fwd) + 4&1 goalies      |                        | 1:30 PM  |   |               |                  |                               |
| 12:45-1:45            | Referees                           |                        |          |   |               |                  |                               |
|                       | <b>Games</b>                       |                        |          |   |               |                  |                               |
| 2:00-3:15             | 5&7                                | Dinner                 | 5:00 PM  |   |               | Off-Ice Training |                               |
| 3:30-4:45             | 6&8                                |                        | 7:30 PM  |   |               |                  | 12:30-1:30 PM <b>3, 10</b>    |
| 5:00-6:15             | 9&3                                |                        |          |   |               |                  |                               |
| 6:30-7:45             | 10&2                               |                        |          |   |               |                  |                               |
| 8:00-9:15             | 4&1                                |                        |          |   |               |                  |                               |

| ICE SESSIONS - HONNEN    |                                | MEALS - STUDENT CENTER |          | SEMINARS - BEMIS   |  | FOOTBALL FIELD  |  |
|--------------------------|--------------------------------|------------------------|----------|--|--|---|--|
| <b>Thursday, June 16</b> |                                |                        |          |  |  |   |  |
|                          | <b>Skills</b>                  |                        |          |  |  |   |  |
| 6:30-7:30                | Teams 6, 9                     | Breakfast              | 7:00 AM  |  |  |   |  |
| 7:45-8:45                | Teams 5, 10                    |                        | 9:00 AM  |  |  |   |  |
| 9:00-10:00               | Goalie Session - All Goalies   |                        |          |  |  |   |  |
| 10:15-11:15              | Teams 4, 7                     |                        |          |  |  | Off-Ice Training<br>11:45 - 12:45 PM <b>4 &amp; 9</b> |  |
| 11:30-12:30              | Teams 1, 8                     | Lunch                  | 11:30 AM |  |  |   |  |
| 12:45-1:45               | Teams 2, 3                     |                        | 1:30 PM  |  |  |   |  |
|                          | <b>Games</b>                   |                        |          |  |  |   |  |
| 2:00-3:15                | Team 6 v. Team 9               | Dinner                 | 5:00 PM  | <b>Paving the Hockey Road Part II</b><br><b>USHL &amp; NCAA</b><br>3:00-4:15 PM<br>Teams: 1, 2, 3, 4, 7, 8<br>6:45-8:00 PM<br>Teams: 5, 6, 9, 10 |  |   |  |
| 3:30-4:45                | Team 5 v. Team 10              |                        |          |  |  |   |  |
| 5:00-6:15                | Team 4 v. Team 7               |                        |          |  |  |   |  |
| 6:30-7:45                | Team 1 v. Team 8               |                        |          |  |  |   |  |
| 8:00-9:15                | Team 2 v. Team 3               |                        |          |  |  |   |  |
|                          |                                |                        |          |  |  |   |  |
|                          |                                |                        |          |  |  |   |  |
| <b>Friday, June 17</b>   |                                |                        |          |  |  |   |  |
|                          | <b>Practice</b>                |                        |          |  |  | Off-Ice Training<br>8:15 - 9:15 AM <b>5 &amp; 6</b>   |  |
| 6:30-7:15                | 8&4                            | Breakfast              | 7:00 AM  | <b>Colorado College and USA Hockey Visit</b><br>9AM 4, 8<br>10AM 2, 9<br>11AM 1, 10<br>Noon 3, 5<br>1PM 6, 7                                     |  |   |  |
| 7:30-8:15                | 9&2                            |                        | 9:00 AM  |  |  |   |  |
| 8:30-9:15                | 1&10                           |                        |          |  |  |   |  |
| 9:30-10:15               | 3&5                            |                        |          |  |  |   |  |
| 10:30-11:15              | 6&7                            | Lunch                  | 11:30 AM |  |  |   |  |
| 11:30-12:30              | Referees                       |                        | 1:30 PM  |  |  |   |  |
|                          | <b>Games</b>                   | Box Lunches for: 3&5   |          |  |  |   |  |
| 12:45-2:00               | 8&4                            | Dinner                 | 5:00 PM  | <b>Strength &amp; Conditioning Seminar</b><br>3:00 - 4:00 PM:<br>3, 5, 6, 7<br>6:15 - 7:15 PM:<br>1, 2, 4, 8, 9, 10                              |  |   |  |
| 2:15-3:30                | 9&2                            |                        |          |  |  |   |  |
| 3:45-5:00                | 1&10                           |                        |          |  |  |   |  |
| 5:15-6:30                | 3&5                            |                        |          |  |  |   |  |
| 6:45-8:00                | 6&7                            |                        |          |  |  |   |  |
| 8:15-9:15pm              | Referees                       |                        |          |  |  |   |  |
|                          |                                |                        |          |  |  |   |  |
|                          |                                |                        |          |  |  |   |  |
|                          |                                |                        |          |  |  |   |  |
|                          |                                |                        |          |  |  |   |  |
| <b>Saturday, June 18</b> |                                |                        |          |  |  |   |  |
|                          | <b>Games</b>                   |                        |          |  |  |   |  |
| 6:00-7:00                | TBD-Based upon play            | Breakfast              | 7:00 AM  |  |  |   |  |
| 7:15-8:15                | TBD-Based upon play            |                        | 9:00 AM  |  |  |   |  |
| 8:30-9:30                | TBD-Based upon play            |                        |          |  |  |   |  |
| 9:45-10:45               | TBD-Based upon play            |                        |          |  |  |   |  |
| 11:00-12:00              | TBD-Based upon play            |                        |          |  |  |   |  |
|                          | <b>CAMP ENDS - TRAVEL SAFE</b> |                        |          |  |  |   |  |